



Prof. Empar Lurbe

Empar Lurbe is a specialist in Pediatrics and Nephrology. She is Head of the Pediatric Department, University General Hospital Valencia and full Professor of Pediatrics. Her research has been focused on the pediatric field emphasising the impact of early life on the development of cardiometabolic risk factors, childhood obesity, and the application of new technologies in pediatric care.

EL has been the coordinator of the first ESH Guidelines in Children and Adolescents in 2009 and its update in 2016. She has been head researcher in International and National Networks/Projects, Chair of Cost Action HyperChildNET since 2019, and was awarded with the 2021 ISH Honour for Senior Women Researchers and recently with the 2022 WHL Claude Lenfant Excellence Award in Population Hypertension Control.