



## Congress Programme

### Thursday, 30<sup>th</sup> April, 2026

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|---------------|-------------------------------------------------------------------------------------------------|
| 12:00 – 18:00 | <b>Registration</b>                                                                             |
| 18:00 – 18:45 | <b>Welcome &amp; Opening Lecture</b>                                                            |
| 18:00 – 18:05 | Maia Chkhaidze                                                                                  |
| 18:05 – 18:10 | Adamos Hadjipanayis                                                                             |
| 18:10 – 18:15 | Berthold Koletzko                                                                               |
| 18:15 – 18:45 | Priorities for child and adolescent health in the European region of WHO, <i>Sophie Jullien</i> |

### Friday, 1<sup>st</sup> May, 2026

|               |                                                                                                     |                                                                                                 |
|---------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| 08:00 – 17:00 | <b>Registration</b>                                                                                 |                                                                                                 |
| 09:00 – 10:00 | <b>Parallel Session 1: General Paediatrics</b>                                                      | <b>Parallel Session 2: Infectious diseases I</b>                                                |
| 09:00 – 09:20 | Vaccination denial and hesitancy: how to manage it in primary care setting, <i>Nani Kavlashvili</i> | Preseptal vs orbital cellulitis - What is the appropriate management? <i>Ann De Guchtenaere</i> |
| 09:20 – 09:40 | Critical pertussis in infants, <i>Maia Kherkheulide</i>                                             | Fever on day 5. When to worry and when to watch? <i>Paul Torpiano</i>                           |
| 09:40 – 09:47 | 1st oral presentation                                                                               | 1st oral presentation                                                                           |
| 09:47 – 09:54 | 2nd oral presentation                                                                               | 2nd oral presentation                                                                           |
| 09:54 – 10:00 | 3rd oral presentation                                                                               | 3rd oral presentation                                                                           |

## Friday, 1<sup>st</sup> May, 2026 Continued ...

| 10:00 – 11:00 | Parallel Session 3: Infectious diseases II                                                                              | Parallel Session 4: Paediatric Gastroenterology                                              |
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| 10:00 – 10:20 | Soar throat. Should we use point-of-care testing and when? <b>Tinatin Kutubidze</b>                                     | Effective diagnosis and treatment of celiac disease, <b>Lukasz Dembinski</b>                 |
| 10:20 – 10:40 | Meningococcal infections. What the primary care paediatrician should know, <b>Erkin Ragimov</b>                         | Constipation - common but complicated <b>Aron Cseh</b>                                       |
| 10:40 – 10:47 | 1st oral presentation                                                                                                   | 1st oral presentation                                                                        |
| 10:47 – 10:53 | 2nd oral presentation                                                                                                   | 2nd oral presentation                                                                        |
| 10:53 – 11:00 | 3rd oral presentation                                                                                                   | 3rd oral presentation                                                                        |
| 11:00 – 11:30 | Coffee Break, Poster Viewing, Exhibition                                                                                |                                                                                              |
| 11:30 – 13:00 | Plenary: Debates                                                                                                        |                                                                                              |
| 11:30 – 12:15 | Febrile infant pathways in the community - Aggressive versus watchful waiting, <b>Paul Torpiano &amp; Justin Penner</b> |                                                                                              |
| 12:15 – 13:00 | Probiotics - yes or no, <b>Berthold Koletzko</b>                                                                        |                                                                                              |
| 13:00 – 14:00 | Lunch                                                                                                                   |                                                                                              |
| 14:00 – 15:00 | Industry symposium                                                                                                      |                                                                                              |
| 15:00 – 16:00 | Parallel Session 5: Respiratory                                                                                         | Parallel Session 6: Primary Care I                                                           |
| 15:00 – 15:20 | Practical approach to chronic cough and wheezing, <b>Ivane Chkhaidze</b>                                                | What is this rash? <b>Ann De Guchtenaere</b>                                                 |
| 15:20 – 15:40 | A snoring tired child: It is obstructive sleep apnea? <b>Dorottya Czovek</b>                                            | Recurrent Abdominal Pain in Children: Functional Disorder or Organic Cause? <b>Aron Cseh</b> |
| 15:40 – 15:47 | 1st oral presentation                                                                                                   | 1st oral presentation                                                                        |
| 15:47 – 15:54 | 2nd oral presentation                                                                                                   | 2nd oral presentation                                                                        |
| 15:54 – 16:00 | 3rd oral presentation                                                                                                   | 3rd oral presentation                                                                        |
| 16:00 - 17:00 | Parallel Session 7: Endocrinology - Adolescence                                                                         | Parallel Session 8: Emergency I                                                              |
| 16:00 – 16:20 | Early Puberty or Just Early Bloomers? <b>Artur Mazur</b>                                                                | Managing Anaphylaxis at your office, <b>Katarzyna Plata-Nazar</b>                            |
| 16:20 – 16:40 | Eating disorders in adolescents: a Practical guide to PCP, <b>Suleyman Yildiz</b>                                       | Foreign body ingestion - when is it an emergency? <b>Lukasz Dembinski</b>                    |
| 16:40 – 16:47 | 1st oral presentation                                                                                                   | 1st oral presentation                                                                        |
| 16:47 – 16:54 | 2nd oral presentation                                                                                                   | 2nd oral presentation                                                                        |
| 16:54 – 17:00 | 3rd oral presentation                                                                                                   | 3rd oral presentation                                                                        |
| 17:00 – 18:00 | Posters / Coffee Break                                                                                                  |                                                                                              |

## Saturday, 2<sup>nd</sup> May, 2026

|               |                                                                                                                       |                                                                                       |
|---------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 08:00 – 17:00 | <b>Registration</b>                                                                                                   |                                                                                       |
| 09:00 – 10:00 | <b>Parallel Session 9: Neurology &amp; Rheumatology</b>                                                               | <b>Parallel Session 10: Allergology</b>                                               |
| 09:00 – 09:20 | Seizures - differential diagnosis and management, <b>Roberto Santalucia</b>                                           | Quick clinic algorithms for suspected child abuse and neglect, <b>Haris Achilleos</b> |
| 09:20 – 09:40 | When Growing Pains Aren't Just Growing Pains: Spotting Early Rheumatic Disease in Children<br><b>Özgür Kasapcopur</b> | Delabeling penicillin allergy,<br><b>Katarzyna Plata-Nazar</b>                        |
| 09:40 – 09:47 | 1st oral presentation                                                                                                 | 1st oral presentation                                                                 |
| 09:47 – 09:54 | 2nd oral presentation                                                                                                 | 2nd oral presentation                                                                 |
| 09:54 – 10:00 | 3rd oral presentation                                                                                                 | 3rd oral presentation                                                                 |
| 10:00 – 11:00 | <b>Parallel Session 11: Tips to spot on</b>                                                                           | <b>Parallel Session 12: Emergency II</b>                                              |
| 10:00 – 10:20 | Spotting Metabolic Syndrome in Children and Teens, <b>Artur Mazur</b>                                                 | Recognizing Life-Threatening Conditions Behind Common Symptom, <b>Haris Achilleos</b> |
| 10:20 – 10:40 | Recognition of rare kidney diseases in childhood, <b>Kalman Tory</b>                                                  | Leukopenia and neutropenia - what next?<br><b>Paul Torpiano</b>                       |
| 10:40 – 10:47 | 1st oral presentation                                                                                                 | 1st oral presentation                                                                 |
| 10:47 – 10:54 | 2nd oral presentation                                                                                                 | 2nd oral presentation                                                                 |
| 10:54 – 11:00 | 3rd oral presentation                                                                                                 | 3rd oral presentation                                                                 |
| 11:00 – 11:30 | <i>Coffee Break, Poster Viewing, Exhibition</i>                                                                       |                                                                                       |
| 11:30 – 13:00 | <b>Plenary</b>                                                                                                        |                                                                                       |
| 11:30 – 11:50 | RSV prevention: The vaccine to the pregnant woman or the monoclonal antibody, <b>Justin Penner</b>                    |                                                                                       |
| 11:50 – 12:20 | The Art of the Paediatric Differential Diagnosis, <b>Adamos Hadjipanayis</b>                                          |                                                                                       |
| 12:20 – 13:00 | Controversies in the Management of Preschool Asthma, <b>Dorottya Czovek</b>                                           |                                                                                       |
| 13:00 – 14:00 | <i>Lunch</i>                                                                                                          |                                                                                       |
| 14:00 – 15:00 | <b>Industry symposium</b>                                                                                             |                                                                                       |

## Saturday, 2<sup>nd</sup> May, 2026 Continued ....

| 15:00 – 16:00 | Parallel Session 13: Adolescence                                                            | Parallel Session 14: Primary care II                                                     |
|---------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| 15:00 – 15:20 | Anxiety/depression screening in adolescents<br><b>Suleyman Yildiz</b>                       | Well-Child Visits - dos and don'ts, <b>Tanja Brunnert</b>                                |
| 15:20 – 15:40 | From Conflict to Connection: Communicating with the Angry Adolescent, <b>Helena Fonseca</b> | Screening for lipids in childhood: Who, how and when to screen? <b>Berthold Koletzko</b> |
| 15:40 – 15:47 | 1st oral presentation                                                                       | 1st oral presentation                                                                    |
| 15:47 – 15:54 | 2nd oral presentation                                                                       | 2nd oral presentation                                                                    |
| 15:54 – 16:00 | 3rd oral presentation                                                                       | 3rd oral presentation                                                                    |
| 16:00 -17:00  | Parallel Session 15: Primary care III                                                       | Parallel Session 16: Miscellaneous                                                       |
| 16:00 – 16:20 | Sex and Substances. Having the difficult conversations, <b>Helena Fonseca</b>               | When to order genetics—or refer, <b>Kalman Tory</b>                                      |
| 16:20 – 16:40 | Tongue-tie. Frenotomy is back, when and for whom? <b>Tanja Brunnert</b>                     | Behavioural sleep disorders, <b>Roberto Santalucia</b>                                   |
| 16:40 – 16:47 | 1st oral presentation                                                                       | 1st oral presentation                                                                    |
| 16:47 – 16:54 | 2nd oral presentation                                                                       | 2nd oral presentation                                                                    |
| 16:54 – 17:00 | 3rd oral presentation                                                                       | 3rd oral presentation                                                                    |
| 17:00 – 18:00 | Posters   coffee break                                                                      |                                                                                          |
| 19:00         | Networking Dinner                                                                           |                                                                                          |

## Sunday, 3<sup>rd</sup> May, 2026

|               |                                                                                                                                      |                                                                                        |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| 08:00 – 11:00 | Registration                                                                                                                         |                                                                                        |
| 09:00 – 11:30 | WORKSHOPS                                                                                                                            |                                                                                        |
|               | <b>Workshop 1</b><br><br>Infant and young child nutrition - Paediatric challenges<br><b>Berthold Koletzko &amp; Lukasz Dembinski</b> | <b>Workshop 2</b><br><br>Communicating with an adolescent<br><br><b>Helena Fonseca</b> |
| 13:00         | Closing Remarks                                                                                                                      |                                                                                        |

*\*Subject to change | 19 Jan 2026*